

Bower Hill Elementary Lunch November 2021

1	2	3	4	5
- 1	Pepperoni Pizza	Ground Beef Walking Taco *SC	French Toast Sticks & Turkey	Macaroni & Cheese *V *SC
	OR	OR	Sausage Links	OR
Devent Conferences	Egg, Fruit & Cheese Pack with	Smoked Turkey & Provolone	OR	Grilled Chicken Caesar Salad
Parent Conferences	Crackers *V	Wrap	Hummus & Veggie Plate with	Breadstick
			Oven-Fired Flatbread *V	
NO SCHOOL				
	Side Items	Side Items	Side Items	Side Items
	Smiley Fries, Fresh Broccoli	Pinto Beans, Cucumber Slices	Tater Tots, Grape Tomatoes	Garden Salad, Baby Carrots
	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
3	9	10	11	12
_			Cheese Stuffed Breadsticks *	
100% Beef Burger OR	Pizza Hut Cheese Pizza *V OR	Cheddar Cheese Quesadilla *V OR	Marinara *V	Grilled Chicken Parmesan ov Spaghetti *SC
Sun Butter & Jelly Wrap *V	Spicy Honey Ham &	Oven Roasted Turkey Chef Salad	OR	OR
	Cheese Sub	& Dinner Roll	Honey Ham, Roasted Turkey &	Berry Yogurt Parfait &
			Cheddar Sandwich	Grahams *V
Side Items	Side Items	Side Items	Side Items	Side Items
Crinkle Cut Fries, Bell Peppers	Sweet Corn, Fresh Broccoli	Pinto Beans, Cucumber Slices	Green Peas, Grape Tomatoes	Spinach Salad, Baby Carrots
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
15	16	17	18	19
Golden Crispy Chicken Nuggets	Pepperoni Pizza	Potato Wedge Chicken Nachos		
OR	OR	OR	Oven Roasted Turkey & Mashed Potatoes with Roll	Grilled Cheese *V OR
Chicken, Feta & Berry Salad &	Egg, Fruit & Cheese Pack with	Smoked Turkey & Provolone	OR	Grilled Chicken Caesar Salad
Breadstick	Crackers *V	Wrap	Hummus & Veggie Plate with	Breadstick
			Oven-Fired Flatbread *V	
Side Items	Side Items	Side Items	Side Items	Side Items
/egetable Medley, Bell Peppers Seasonal Fresh Fruit	Smiley Fries, Fresh Broccoli Seasonal Fresh Fruit	Black Beans, Cucumber Slices	Sweet Corn, Grape Tomatoes	Garden Salad, Baby Carrot
Seasonal Fresh Fruit	Seasonai riesi riuit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
22	22		05	26
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	23 Pizza Hut Cheese Pizza *V	24	25	20
100% Beef Burger OR				Thanksgiving Break
100% Beef Burger	<i>Pizza Hut</i> Cheese Pizza *V	24 Inservice	25 Thanksgiving Break	
100% Beef Burger OR	<i>Pizza Hut</i> Cheese Pizza *V OR	Inservice	Thanksgiving Break	Thanksgiving Break
100% Beef Burger OR	Pizza Hut Cheese Pizza *V OR Spicy Honey Ham &			
100% Beef Burger OR Sun Butter & Jelly Wrap *V	Pizza Hut Cheese Pizza *V OR Spicy Honey Ham & Cheese Sub	Inservice	Thanksgiving Break	Thanksgiving Break
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For more detailed nutritional information, please visit: ptsdk12pa.nutrislice.com/menu